

SCOTT A. PAUL, D.D.S.

Practice Limited to Periodontics/Implants

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PRE-TREATMENT INSTRUCTIONS

1. Have a good, but light, meal before your treatment appointment.
2. It is highly recommended that you pick up any prescriptions prior to your treatment as you may want to go straight home after your procedure.
3. Plan on light activity for the first 24 hours after treatment.
4. We recommend cold, soft foods (i.e., yogurt, applesauce, shakes, cottage cheese, Ensure) for the first 24 hours after treatment.
5. **NO ASPIRIN** seven (7) days prior to your treatment appointment.
6. Continue all medications you are currently taking (i.e., high blood pressure, insulin, ect.).